

OBC LCM 2026: Session: 1: COACH evaluation sheet for TEAM: ROSC

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Taveirne Bea HEADCOACH

Coaches: Ryckeman Brian

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BUTTERFLY MEN			Heat:4, starttime: 09:05
Heat: 4/7 Lane : 8 Athlete: DEVOS RHUNE			Q-time: 00:59:49
PB (50m pool): 00:59.49 Zwembad Brigitte Becue 26/04/2026			PB (25m pool): 01:00.62 SB: 00:59.49 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	
PB	00:27.82	00:59.49	
	00:27.82	00:31.67	
			

Coach feedback:

Event number: 1: 100M BUTTERFLY MEN			Heat:5, starttime: 09:06
Heat: 5/7 Lane : 6 Athlete: VANSIELEGHEM KILLIAN			Q-time: 00:56:90
PB (50m pool): 00:56.90 Antwerp 09/02/2025			PB (25m pool): 00:56.10 SB: 00:58.03 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	
PB	00:26.69	00:56.90	
	00:26.69	00:30.21	
			

Coach feedback:

Event number: 5: 100M BREASTSTROKE MEN			Heat:5, starttime: 10:09
Heat: 5/9 Lane : 4 Athlete: VANHOUTTE WARRE			Q-time: 01:08:81
PB (50m pool): 01:08.76 Antwerpen 28/07/2024			PB (25m pool): 01:06.16 SB: 01:08.81 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	
PB	no time	01:08.76	
	no time		
			

Coach feedback:

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Event number: 8: 200M FREESTYLE WOMEN					Heat:2, starttime: 10:45
Heat: 2/5 Lane : 5 Athlete: CLAEYS DITTE					Q-time: 02:10:03
PB (50m pool): 02:10.03 Antwerpen 22/03/2026					PB (25m pool): 02:07.72 SB: 02:10.03 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.52	01:03.53	01:36.94	02:10.03	
	00:30.52	00:33.01	00:33.41	00:33.09	
					

Coach feedback:

Event number: 9: 50M FREESTYLE MEN					Heat:1, starttime: 10:56
Heat: 1/12 Lane : 4 Athlete: PROVOOST DAJO					Q-time: 00:25:61
PB (50m pool): 00:25.61 Zwembad Brigitte Becue 26/04/2026					PB (25m pool): 00:25.04 SB: 00:25.61 Zwembad Brigitte Becue 26/04/2026
	5 0 M				
PB	00:25.61				
	00:25.61				
					

Coach feedback:

Event number: 9: 50M FREESTYLE MEN					Heat:2, starttime: 10:57
Heat: 2/12 Lane : 1 Athlete: VANHOUTTE WARRE					Q-time: 00:25:57
PB (50m pool): 00:25.57 Antwerpen 27/07/2025					PB (25m pool): 00:25.36 SB: 00:25.61 Antwerpen 22/03/2026
	5 0 M				
PB	00:25.57				
	00:25.57				
					

Coach feedback:

Event number: 9: 50M FREESTYLE MEN					Heat:4, starttime: 10:59
Heat: 4/12 Lane : 7 Athlete: DHEERE RéMI					Q-time: 00:25:22
PB (50m pool): 00:25.17 Zwembad Brigitte Becue 26/04/2026					PB (25m pool): no time SB: 00:25.17 Zwembad Brigitte Becue 26/04/2026
	5 0 M				
PB	00:25.17				
	00:25.17				
					

Coach feedback:

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Event number: 9: 50M FREESTYLE MEN			Heat:4, starttime: 10:59
Heat: 4/12 Lane : 8 Athlete: VANDYCKE LUCAS			Q-time: 00:25:24
PB (50m pool): 00:25.24 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 00:24.78 SB: 00:25.24 Zwembad Brigitte Becue 26/04/2026			
	5 0 M		
PB	00:25.24		
	00:25.24		
			

Coach feedback:

Event number: 9: 50M FREESTYLE MEN			Heat:9, starttime: 11:04
Heat: 9/12 Lane : 4 Athlete: VANSIELEGHEM KILLIAN			Q-time: 00:23:98
PB (50m pool): 00:23.93 Antwerpen 21/04/2024 PB (25m pool): 00:22.71 SB: 00:24.04 Zwembad Brigitte Becue 26/04/2026			
	5 0 M		
PB	00:23.93		
	00:23.93		
			

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN			Heat:3, starttime: 11:12
Heat: 3/8 Lane : 2 Athlete: DEPAEPE ELIZE			Q-time: 00:32:49
PB (50m pool): 00:32.49 Brugge 14/02/2026 PB (25m pool): 00:32.16 SB: 00:32.49 Brugge 14/02/2026			
	5 0 M		
PB	00:32.49		
	00:32.49		
			

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN			Heat:8, starttime: 11:20
Heat: 8/8 Lane : 1 Athlete: CLAEYS DITTE			Q-time: 00:30:99
PB (50m pool): 00:30.99 Antwerpen 22/03/2026 PB (25m pool): 00:32.54 SB: 00:30.99 Antwerpen 22/03/2026			
	5 0 M		
PB	00:30.99		
	00:30.99		
			

Coach feedback:

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Event number: 11: 4x100M MEDLEY MIXED							Heat:1, starttime: 11:22	
Heat: 1/1 Lane : 2 Athlete: TEAM ROSC 1							Q-time: 04:18:00	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: